

1 Month of Getting Out of Your Comfort Zone

DAY	WHAT YOU WILL DO TO GET OUT OF YOUR COMFORT ZONE?	EXPECTATIONS	WHAT ACTUALLY HAPPENED?
1st			
2nd			
3rd			
4th			
5th			
6th			
7th			
8th			
9th			
10th			
11th			
12th			
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14th			
15th			

16th			
17th			
18th			
19th			
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21st			
22nd			
23rd			
24th			
25th			
26th			
27th			
28th			
29th			
30th			
31st			